

NPACE Member Bundle

Online functional & integrative medicine education to empower and support patient care, where care begins.

PsychiatryRedefined.org/NPACE
Bundle Fee: \$395

Discover a functional medicine framework to address the complexities of mental illness.

Led by renowned psychiatrist, Dr. James Greenblatt, this mental health bundle in integrative and functional medicine is key for any practitioner in a primary or mental health care setting. You'll learn protocols for ADHD, anxiety, depression and suicide directly from renowned author, expert and psychiatrist, Dr. James Greenblatt, who boasts over three decades of experience treating mental illness. You'll acquire essential clinical protocols that you can implement immediately with your patients at the primary care level. Our online courses are convenient, accredited, and accessible – built for the busy practitioner, so you can study at your own pace, from any device.

Courses Included (details on following page):

- Intro to Functional Medicine for Anxiety & Depression
- Functional & Integrative Medicine for ADHD
- Functional & Integrative Medicine for Anxiety
- Functional & Integrative Medicine for Depression
- Biological Models for Suicide Prevention
- *Plus, 3 dedicated live supervision discussions with Dr. Greenblatt*

"Psychiatry Redefined has provided me with the ability and confidence to offer person-centered care to my patients. I now feel that I can more completely meet my patient's needs...it has made me a more confident provider and I know my clients have appreciated the results." – Rachel Egan, NP

Group Supervisions with Dr. James Greenblatt

Join Dr. James Greenblatt for three live, dedicated group discussions where you can discuss real patient cases, ask questions about diagnoses and treatments, review curriculum, and examine the finer details of clinical protocols and testing methodologies.

Supervision Dates:

June 20th | July 11th | July 25th

Functional & Integrative Medicine for ADHD

CME Credits: 4.0

This three-module course introduces Dr. Greenblatt's breakthrough Plus/Minus treatment plan for ADHD patients, while also providing a comprehensive overview of the biochemistry that contributes to this disorder. Treatment strategies such as specific nutrient deficiencies will be discussed in-depth as a supplement or alternative to medication.

Functional & Integrative Medicine for Depression

CME Credits: 5.0

Over four modules, you will become adept in identifying and assessing the biologic abnormalities—nutritional, genetic, metabolic, and environmental factors—that underlie the diagnosis of depression in numerous patients. Employing a model of functional medicine, discover diagnostic tests to run on patients, the role key nutrients play in maintaining neurologic health, and biologic treatment protocols that can be easily incorporated into care.

Introduction to Functional Medicine for Anxiety & Depression

This introductory webinar course explores integrative and nutritional factors for the treatment of depression and anxiety, and introduces evidence-based interventions focused on nutritional imbalances, inflammation, gut health, and more. Gain clinical insight and recommendations on treatment, and discover a helpful precursor to the popular and more comprehensive courses listed below.

Functional & Integrative Medicine for Anxiety

CME Credits: 5.0

In this four-module course Dr. Greenblatt provides a functional and integrative medical approach to anxiety that moves away from traditional symptom classification and polypharmaceutical approaches. Learn protocols for patient testing and specific nutritional interventions to address anxiogenic physiology, as well as other integrative treatments—exercise, yoga, and herbal supplements—to enhance patient care and outcomes.

Biological Models for Suicide Prevention

Developed in collaboration with the International Society for Orthomolecular Medicine, this course plumbs the underlying biochemical, nutritional, genetic, and environmental factors that lead to a diagnosis of suicidality. Research illustrating the benefits of nutritional supplementation to mitigate risk factors will be presented, along with evidence-based interventions and a biochemical individualized treatment approach.

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